



N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI
PRE-SCHOOL

MONTHLY PLANNER 2024-25 (APRIL - MAY 2024)

MONTHLY PLANNER

APRIL - MAY



LANGUAGE DEVELOPMENT (ENGLISH)

- Auditory Discrimination
- Visual Discrimination
- Story Narration
- Audio-visual discrimination
- Puppet Show
- Songs related to letters A, B, C, D
- Introduction of capital and small letters. Aa, Bb, Cc, Dd with their phonetic sound and related vocabulary.

Capital

A
B
C
D

Small

a
b
c
d

Sound

ए
ब
क
ड



▪ VOCABULARY WORDS TO LEARN

A – aeroplane, apple, astronaut, ant and apricot.

B - bag, ball, bird, bus and books.

C - cup, cake, carrot, cow and caterpillar.

D - dog, dolphin, door, duck and dinosaur

▪ ACTIVITY GALORE

- Tracing of letters - through crayons, on table, with paint, clay, ice-cream sticks & powder tray.
- Matching (through flash cards).
- Moulding clay to make capital & small letters.
- Dice Game
- Activity book page 3
- Language Book Pgs. – 1, 4, 5, 6, 7, 8, 9, 10, 11
- Sketch Book Pgs. – 7, 8, 9, 10

▪ CONVERSATIONAL SKILLS

- Teacher- “Good morning children”
- Students- “Good morning, ma’am”
- Teacher- “How are you all, today?”
- Students- “I am good; how about you?”

▪ ACTION WORDS

- Jumping
- Clapping

▪ SIMPLE COMMANDS

- Sit Down
- Stand up



NUMBER WORK (NUMERICAL CONCEPTS)

- Oral Counting 1-10
- Recognition of no.1, 2, 3
- Introduction of colours - Red, Yellow, Green and Blue through concrete objects in classroom and through colour song through interactive board.
- Introduction of Shapes- Square, Triangle, Rectangle & Circle through shape song.
- Introduction of Pre-no. concepts- Big/ Small, Tall/Short through flash Cards & Concrete classroom objects.

ACTIVITY GALORE

- Revision of Colours through an activity – “Fill my colour pit”
- Recapitulation of shapes through the shape matching activity.
- Making shapes using clay.
- Wooden puzzles related to shapes.
- Celebrating Colours Day
- Number Book Pgs. – 2, 3, 11, 12, 13, 14, 15, 16
- Sketch Book Pgs. – 3, 4, 5 & 6



GENERAL AWARENESS

MYSELF

Self-management is built on foundation of self-awareness. Self-awareness is a skill that helps your child tune his/her feelings, thoughts and actions. It allows your child to develop his/her ability to control his/her behavior and mood. It can be a very enriching experience.

TALK ON:

- Concept of a Boy/Girl
- Introduction of my name, address, telephone no., birthday
- Clothes we wear
- Toys we play

ACTIVITY GALORE

- Joyful Journey – Learning about concept of a Boy/Girl.
- “Amazing Me” (Self Introduction)
- Guess who am I (Game)
- General Awareness Book Pgs. 2, 3



PARTS OF THE BODY

Your body is more than what you see when you look in the mirror. Different parts have different functions and utility. Teaching little ones to know their body parts at a young age helps them in keeping their bodies strong, healthy and safe.

TALK ON:

- Introduction of names of different body parts and their importance.
- How to maintain personal hygiene.



▪ **ACTIVITY GALORE**

- “Funny Me” (Arranging different parts of face).
- “Body Bonanza” (Ball Activity)
- “Caring about Myself” (Crayon/Mud Germ Activity)
- Activity Sheet Pg. 4

• **EXPERIENCING 5 SENSES**

Our 5 senses allow us to enjoy the world around us for e.g., the taste of your food, the sound of music, the beauty of the sunrise, the softness of a cat’s fur and the fragrance of a rose etc. Children may recognize the importance of their senses but they don’t often focus on them individually. We have created/planned a multitude of activities to help your children learn about all 5 senses.

▪ **TALK ON:**

- Introduction of 5 sense organs
- Importance of each sense organ and experiences related to it.

▪ **ACTIVITY GALORE**

- Visual sensory perception (Observing game)
- Auditory sensory perception (Recognizing sounds through auditory toys and sound boxes)
- Smell sensory perception (Smell and tell using related objects)
- Tactile sensory perception (Identifying hard, soft, rough, smooth objects through mystery bag)
- Taste sensory perception (Learning different tastes sweet, sour, salty and bitter)
- Outdoor Activity – Visit to Sensorial Park

• **SUMMER SEASON**

Summer is the hottest season of the year. However, it is a very interesting season especially for the kids as they get chance to enjoy swimming, go for vacations, eating ice-creams etc. They have school break this season, too. Where they spend a great deal of time playing/enjoying.

▪ **TALK ON**

- Weather conditions
- Objects related to summer season.
- Clothes we wear
- Things we like to eat/drink during summers
- Precautions to be taken during summers.



▪ **ACTIVITY GALORE**

- Sunshine Adventure (Things we use, clothes we wear during summer season.)
- Summer Fun Song
- Activity Sheet-Pg. No. 5
- General Awareness Book - Pg. No. 4

✚ **STRUCTURED CONVERSATION**

Ques. 1: What is your name?

Ans: My name is _____.

Ques. 2: How old are you?

Ans: I am _____ years old.

Ques. 3: Are you a boy / girl?



Ans: I am a _____.

Ques 4: What is your home address?

Ans: My home address is _____

Ques. 5: What is your contact telephone number?

Ans: My contact telephone number is _____

Ques. 6: In which school do you study?

Ans: I study in N.K. Bagrodia Public School.

Ques. 7: In which class do you study?

Ans: I study in PS _____.

Ques. 8: Who is your class teacher?

Ans: _____ is my class teacher.

Ques. 9: Name 2 good habits?

Ans: Take bath daily. Brush teeth daily.

Ques 10: Name 5 sense organs

Ans: Five sense organs are – eyes, ears, nose, tongue & skin.

Ques. 11: Name two objects we use in summer season.

Ans: Cooler and AC (Air conditioner).

Ques.12 Name the clothes we wear during summer season.

Ans. We wear loose cotton clothes during summer season.



FINE MOTOR SKILLS (CREATIVE)

- Myself (Finger & thumb printing)
- Colouring in Candy
- Palm Printing on Earth (Earth day activity)
- Pasting of stars and moon (Eid activity)
- Ladyfinger Printing (Mother's Day activity)
- Pasting of cotton balls on kite (Baisakhi Activity)
- Paper folding (square, triangle)
- Free hand drawing- (shapes, lines, my face)
- Play with Pictures Book Pgs.-1, 3, 9

INTELLECTUAL DEVELOPMENT (COGNITIVE)

- Skill: Eye-hand Co ordination
- Skill: Listening
- Skill: Matching
- Skill: Observation



▪ ACTIVITY GALORE

- Stringing pasta activity -Stringing laces/Ribbons from pasta.
- Popsicle shape activity-Arranging popsicles according to shapes.
- Sonic Discernment -Listening different sounds.
- Complete me-Finding and placing the missing parts.
- The identical match- Matching of similar objects through the game.
- Wooden Puzzle
- Pyramid Tower
- Activity Sheet Book Pg. 4

✚ SOCIO-EMOTIONAL DEVELOPMENT

▪ VALUE EDUCATION

- The only way to have a friend is to be one.
- Respect everyone and the world will respect you.
- Do small things with great love.

▪ DEVELOPING GOOD HABITS

- Adjusting in the class and making new friends
- Greetings like Hello, Good Morning Ma'am, Good Morning... (Friend's name)
- Wearing mask daily, sanitizing and washing your hands frequently.
- Walking in a queue.
- Placing a bowl of water in balconies and terrace and helping birds in quenching the summer thirst.

▪ LIFE SKILLS

- Hanging bags on pegs
- How to open and close the water bottle properly.
- Folding of an apron.
- How to peel a banana
- Making of cool refreshing drink



✚ GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

▪ PHYSICAL EXERCISES

- Warm up routine (with mimic me videos)
- Walking on a straight line
- Walking up/down the stairs

▪ FUN ACTIVITY

- Pick a chit game.



CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

ACTIVITY GALORE

- “Brain O Gym” (Placing similar coloured ice-cream sticks).
- Puzzle tray

MANTRA OF THE MONTH

सरस्वती पुराणोक्ता मंत्र

ॐ श्री श्री महा सरस्वती देवी भगवती नमः

MUDRA OF THE MONTH

- Gyan/ Dhyana mudra (To increase mental strength, sharpen concentration and improve focus).

AESTHETIC DEVELOPMENT (MUSIC)

- Recognition of Musical Instruments
 - Beats of Congo
 - Sound of Harmonium
 - Sound of Tembourine

- **Songs**

“फ़ोन उठा के गुड़िया बोले हेलो”

“अगलिक बगलिक चिक चिक चू”

- **Mother’s Song**

माँ ओ माँ, मेरी प्यारी माँ



TECHNOLOGICAL SKILLS

- Introduction to computers.
- How to switch on a computer.
- Displaying the correct way of holding mouse and clicking using index finger.
- Story/Cartoon playing on computer with the introduction to the speakers.



DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

ACTIVITY GALORE

- Enactment of Story – “Good Habits”

RHYMES

English	Hindi
<p><u>Action words rhyme</u></p> <p>Clap your hands (2) Listen to the music (2) And clap your hands Stamp your feet (2) Turn around (2) Jump up high (2)</p>	<p><u>कागज़ की गुड़िया</u></p> <p>कागज़ की गुड़िया के हाथ नहीं है वोह कैसे खाएगी(२) वो बंदर के हाथ लगाकर ऐसे खाएगी(२) गुड़िया ऐसे खाएगी कागज़ की गुड़िया की आँख नहीं है वो कैसे देखेगी(२) वो उल्लू की आँख लगाकर ऐसे देखेगी(२) गुड़िया ऐसे देखेगी कागज़ की गुड़िया का मुँह नहीं है वो कैसे गाएगी(२) वो कोयल का मुँह लगाकर ऐसे गाएगी (२) गुड़िया ऐसे गाएगी कागज़ की गुड़िया के कान नहीं है वो कैसे सुनेगी (२) वो हाथी के कान लगाकर ऐसे सुनेगी(२) गुड़िया ऐसे सुनेगी कागज़ की गुड़िया के पैर नहीं है वो कैसे चलेगी (२) वो घोड़े के पैर लगाकर ऐसे चलेगी (२) गुड़िया ऐसे चलेगी</p>



गर्मी आई

गर्मी आई
लाने आम
घर से निकले बुद्धुराम
नहीं लिया हाथों में छाता
गर्म हो गया उनका माथा
हाय हाय हाय राम
दौड़े दौड़े घर को आये



पानी डाला खूब नहाए
फिर वो बोले हे भगवान्
कैसे लाऊ अब मैं आम ?

DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

To be followed every week.

Monday	Aloo/ Paneer stuffed parantha with any sweetmeat
Tuesday	Besan/Suji vegetable chilla with ketchup and cupcake
Wednesday	Brown bread vegetable sandwich with favourite biscuits.
Thursday	1 chapati, lady finger/seasonal vegetable and cream wafers
Friday	Bread Poha/Vegetable Upma with a chocolate candy.

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

New session begins for PP	01.04.2024
Induction Programme for PS students (Roll no. wise)	02.04.2024 to 04.04.2024
New session begins for PS	05.04.2024
World Health Day Celebration - PS & PP	12.04.2024
Earth Day Celebration - PS & PP	19.04.2024
CC(PP-G) – Maharashtra Day	01.05.2024
CC(PP-F) – World Laughter Day	03.05.2024
PTM – PS & PP	04.05.2024
Hindi Individual Rhyme Recitation Activity (Intra) – PP- A, B, C, D	06.05.2024
Hindi Individual Rhyme Recitation Activity (Intra) – PP- E, F, G	07.05.2024
Hindi Individual Rhyme Recitation Activity (Intra) – PS - A, B, C, D	08.05.2024
Hindi Individual Rhyme Recitation Activity (Intra) – PS- E, F, G	09.05.2024
CC(PP-E)- Mother’s Day Celebration	10.05.2024

HOLIDAYS

Eid-ul-Fitr	11.04.2024
Ram Navami	17.04.2024
Last Working Day for Students (Summer Break)	17.05.2024
School Reopens	01.07.2024