



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**  
**PRE-PRIMARY**  
**MONTHLY PLANNER 2024-25 (JULY 2024)**



## LANGUAGE DEVELOPMENT (ENGLISH)

### STORY NARRATION - Circle Time

### COMMUNICATION SKILLS

- Simple commands-
  - ✓ Listen carefully to the teacher.
  - ✓ Line up nicely at the door.
  - ✓ Put your hand up if you have a question.
  - ✓ Be gentle with your classmates.

### ORAL

- Reading of words with sound 'e' & 'i' (Reader pages 10,11,12,13,14,15,16)
- Sight Words- I, he, she, me, are, you, we, my (Reader pg. 30)
- Phonogram "oo" (Reader pg. 31)
- Introduction of 'a' Or 'an'. (Reader pg. 25,26)
- Usage of This/That (Reader pg. 28)
- Rhymes - Back to school
- Story- The Elephant and her Friends.
- Picture Reading – Rainy Season

### WRITTEN

- Letters - I, J, K, L, M, N, O, P, Q, R, S, T
- Activity Book Pgs. 14, 24



### ACTIVITY GALORE

- Tracing letters with finger, colours, moulding clay, ice-cream sticks and talcum powder.
- Creative activities related to letters.

## LANGUAGE DEVELOPMENT (HINDI)

### ORAL

- Recognition of ग, म, भ, न, त, च, ज, र
- Reading of two letter words.
- Rhymes - मेरी पेंसिल, कागज़ की नाव

### WRITTEN

- Practice of ग, म, भ, न, त, च, ज, र
- Practice of two letter words and श्रुतलेख
- Activity book Pg 16.

### ACTIVITY GALORE

- Showing real objects related to vyanjan (ग)
- Speaking skill activity - मेरा परिचय related to (म)
- Talcum tracing related to - भ, च, ज
- Butterfly activity related to - त



- Tug of war related to - ₹
- Making paper boat activity related to - ₹

## **NUMBER WORK (Numerical Concepts)**

### **ORAL**

- Counting (1-50)
- Recognition (1-30, 21-30, 31-40)
- Backward Counting (10-1)
- Skip Counting (1-9, 2-10)
- Number Rhyme – Raindrops
- Concept of ones and tens
- Concept of after and before (1-10)



### **WRITTEN**

- Numbers - 9, 10, 1-10, 11-20, 1-20
- Backward counting (10-1)
- Fill up (1-10, 1-20)
- Skip Counting (1-9, 2-10)
- Ones & tens
- After & Before (1-10)
- Activity Book Pgs. 18, 26, 27

## **ACTIVITY GALORE**

- Pre-number concepts with real objects
- Number rhyme with physical activity
- Backward counting through jumping
- Skip counting through bangle activity
- Ones and tens through cup activity
- After & before through fun game

## **GENERAL AWARENESS**

- ❖ **MY SCHOOL** - School is also called the temple of learning. It is a place where child learns various skills be it emotional, practical or educational. Teachers are the guiding mentors who take children to the path of progress. It is home away home.

### **Talk On:**

- ✓ Name and location of school.
- ✓ Functional areas of the School.
- ✓ Proper school uniform.
- ✓ People who help to run the school.
- ✓ Things we see in the classroom.



### ❖ ACTIVITY GALORE

- School round.
- Describing/ Display of our school uniform.
- Role play activity.

❖ HOME: Home is where love, hope and dreams flourish. Home is where heart is, memories are created laughter never ends.

#### ▪ Talk on:

- ✓ Importance of house.
- ✓ Types of houses.
- ✓ Different rooms in the house.
- ✓ Things we use in different rooms.



### ❖ ACTIVITY GALORE

- Doll house Activity
- PPT on things we use in different rooms.

❖ RAINY SEASON: A much awaited season for all especially for farmers and little ones waiting eagerly for rain to fall so that they can splash - splash in puddle and sail paper boat the season begin with joy and health hazard too. Children get to know various aspects of the season through various activities.

#### ▪ Talk On:

- ✓ Things we eat and drink.
- ✓ Things we use and wear in rainy season.
- ✓ Good and bad affects.
- ✓ Precautions to be taken.



### ❖ ACTIVITY GALORE

- Introduction through song.
- Showing real objects.
- Paper boat activity.

❖ FOOD: Food is eaten every day for energy and strength. We need to eat a variety of food to get all the essential nutrients body needs.

#### ▪ Talk On:

- ✓ Healthy Food.
- ✓ Unhealthy Food.
- ✓ Dairy products.

### ❖ ACTIVITY GALORE

- PPT on healthy and unhealthy food.
- Making healthy snack chaat.
- Showing real objects



Activity Sheet Pgs. 21, 22, 10

## WORDS TO KNOW:

Entrance gate, guard room, reception, gymnastic room, play pen, medical room, skating rink, puddle, umbrella, lightening.

## STRUCTURED CONVERSATION

**Q1.** In which school do you study ?

A. I study in N.K. Bagrodia Public School.

**Q2.** In which class do you study ?

A. I study in PP ( A, B, C, D, E, F, G).

**Q3.** Who is your class teacher?

A. My class teacher is \_\_\_\_\_ ma'am.

**Q4.** Name the people who help to run school.

A. Principal, Incharge, Teacher, Office staff and Helpers.

**Q5.** Name months of rainy season.

A. They are July, August and September.

**Q6.** Name the things we use in rainy season.

A. They are umbrella, raincoat and gumboots.

**Q7.** Different rooms in the house.

A. Bedroom, living room, bathroom, kitchen .



## FINE MOTOR SKILLS (CREATIVE)

- Colouring book – Pgs. 3 & 4
- Creative Expression- Pgs. 4 & 5
- Free hand drawing
- Paper crush printing related to healthy food



## INTELLECTUAL DEVELOPMENT (COGNITIVE)

### ❖ SKILL: OBSERVATION

- Find the difference between two similar looking pictures.
  - ✓ Activity- Children will find the difference between two similar looking 3D cards.
- Find the odd one out.
  - ✓ Outdoor Activity
  - "I am alone, I am sad
  - Can you tell me, who am I"?
  - Children will find the odd object.
- Activity Sheet Pg. no. 7, 8, 18

## **SOCIO-EMOTIONAL DEVELOPMENT**

### **❖ SELF-MANAGEMENT**

- Follow the leader
- Musical chairs

### **✓ VALUE EDUCATION**

#### **MAGICAL WORDS**

Use of sorry, please, thank you, excuse me, pardon, please get aside through story narration.

### **✓ LIFE SKILLS**

- ❖ Folding of an apron.
- ❖ Pack your bags.



## **GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)**

### **❖ PHYSICAL EXERCISES**

- ✓ Can walk forward and backward
- ✓ Jumping at a place (1 to 20 count)

### **❖ YOGA**

- ✓ Tree pose
- ✓ Lion breath
- ✓ Brain gym exercise



## **CRITICAL THINKING**

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

### **ACTIVITY GALORE**

- ❖ Who doesn't belong here? (Related to topic- Rainy season)

## **SCIENCE IS FUN**

- **Experiment** – Air occupies space.

## **MANTRA OF THE MONTH**

### **▪ SHIVA MANTRA**

ॐ नमः शिवाय

शुभं शुभं कुरु कुरु

शिवाय नमः ॐ |



## **MUDRA OF THE MONTH**

- Hakini Mudra (To enhance concentration, develops creativity, boost memory power, etc.)

## **AESTHETIC DEVELOPMENT (MUSIC)**

### ❖ Sargam level 1 and 2

- 1) सा रे ग म प ध नी सां  
सां नी ध प म ग रे सा ।
- 2) सासा रेरे गग मम पप धध नीनी सांसां  
सांसां नीनी धध पप मम गग रेरे सासा ।



- ❖ **Rain Song** – “Where do you come from o little drops of rain”
- ❖ Sound & recognition of “flute”
- ❖ Sound of “Frog”

## **DRAMATICS**

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

### ❖ **ACTIVITY GALORE**

अच्छी आदतें (Story Dramatization)

## **HAPPINESS ACTIVITY**

Sailing of paper boat on a rainy day.

## **DESH BHAKTI ACTIVITY**


How to salute our Tricolour.

## **TECHNOLOGICAL SKILLS**

- ❖ Revision of basics of computers.
- ❖ Some dos and don'ts in computer class.
- ❖ Quiz on Machine/Non-machine things.
- ❖ MS Paint/TUX Paint (Drawing different shapes and colouring them).
- ❖ Enhancing logical, analytical ability and control over mouse through games on computer.



## **RHYMES**

English	Hindi
<p><b><u>BACK TO SCHOOL</u></b></p> <p>Summer is over, and school is here. Pack your bags, on the bus you go. Make new friends, and say hello. Reading, writing, learning more Than you ever did before.</p> <p>Adding numbers 1,2,3 So much to do, learn and see. I am happy to meet everyone Get ready for school, because it is fun.</p>	<p><b><u>मेरी पेंसिल</u></b></p> <p>देखो मेरी सुंदर पेंसिल, लंबी और नुकीली पेंसिल, लिखने में वह सबसे आगे, काँपी पर यह सरपट भागे। तुम भी ऐसी पेंसिल लाओ, अच्छे अक्षर तुम बनाओ, पढ़ लिख कर तुम कुछ बन जाओ, जग में अपना नाम कमाओ।</p> 
<p><b><u>RAINDROPS</u></b></p> <p>One little raindrop in the dark sky. Two little raindrops watch the clouds fly, Three little raindrops go splat, splat, splat, Four little raindrops, we need boots for that, Five little raindrops and still no sun, That is too much, let's run, run, run.</p>	<p><b><u>कागज की नाव</u></b></p> <p>देखो देखो काली घटा छाई, टिप टिप टिप टिप बारिश आई। जिया, कनव ने नाव बनाई, फिर सबने मिलकर बहाई। नाव लहर में तैरती है, कितनी सुंदर लगती है। आगे बढ़ती रहती है, हमको यह समझाती है। कभी भी ना तुम घबराना, बस आगे ही बढ़ते जाना।</p>

## **DIET CHART**

“A healthy diet plan nourishes mind, body & soul”.

### **To be followed every week.**

Monday	1 Chapati + Seasonal vegetable and cucumber slices
Tuesday	Vegetable Sandwich
Wednesday	Stuffed vegetable parantha + 2 cookies
Thursday	Besan/ Suji vegetable cheela
Friday	Paneer Roti Wrap + 1 cream crunchy wafer

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.



## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

World Chocolate Day Celebration - PS & PP	08.07.2024
CC(PP-D) – Guru Purnima	19.07.2024
Freehand Drawing & Colouring Activity (Intra PP)	24.07.2024
Freehand Drawing & Colouring Activity (Intra PS)	25.07.2024
CC(PP-C) – Kargil Diwas	26.07.2024
Freehand Drawing & Colouring Activity (Inter) – PS & PP	31.07.2024

## **HOLIDAYS**

Muharram	17.07.2024
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