



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**

**PRE-SCHOOL**

**MONTHLY PLANNER 2024-25 (JULY 2024)**



## LANGUAGE DEVELOPMENT (ENGLISH)

- ❖ Picture Reading in English- 'Summer Season' (Activity Book Pg. 5), My House (Activity Book Pg. 8)
- ❖ Songs related to E, F, G, H, I
- ❖ Story – The Greedy Giraffe
- ❖ Show & tell activity
- ❖ Joining of 2 sounds for reading of 2 letter words – ab, ad, ag, ed, eg.

Introduction of capital and small letters Ee, Ff, and Gg with their phonetic sounds & related vocabulary.

<u>Capital</u>	<u>Small</u>	<u>Sound</u>
E	e	ए
F	f	फ
G	g	ग
H	h	ह
I	i	इ



### ✓ VOCABULARY WORDS TO LEARN

- E** - ENVELOPE, EXERCISE, EGGS, ELEPHANT AND ENGINE
- F** - FLOWER, FEATHER, FIRE TRUCK, FENCE AND FRUITS
- G** - GORILLA, GEYSER, GARLIC, GLASS AND GLUE
- H** - HELICOPTER, HONEYBEE, HEN, HAND AND HAMMER
- I** - IGUANA, INKPOT, INDIA, INSECT AND INCHTAPE

### ACTIVITY GALORE

- ❖ The E, F letter basket game.
- ❖ Tracing letters with crayons, fingertip, earbud, cotton ball, brush.
- ❖ Moulding clay to make capital and small letters.
- ❖ Language Book Pgs. 13-26, 71, 72, 73, 74, 76, 96
- ❖ Activity Sheets Book Pg. 11
- ❖ Sketch Book – Pgs. 11-15
- ❖ Matching – Capital & small letters (through cards & in sketch book)
- ❖ Game – Alphabet Bingo
- ❖ Dice Game

### ✓ ACTION WORDS – Eating, Drinking

### ✓ SIMPLE COMMANDS

- Hang your bag
- Push your chair



## ✓ CONVERSATIONAL SKILLS

Student - Ma'am! I'm feeling thirsty. May I quench my thirst?

Teacher - Yes! You may.

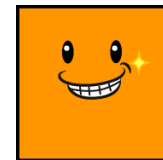


## ✚ NUMBER WORK (Numerical Concepts)

- ❖ Oral counting (1 – 20)
- ❖ Recognition of nos. 4, 5, 6, 7 and their value through activities like story, song, powder tray.
- ❖ Recognition of Shape – Semi circle and oval
- ❖ Introduction of Pre-no concept – Thick/Thin through concrete objects & flashcards
- ❖ Introduction of Colours –Orange and Pink with their related objects.

### ACTIVITY GALORE

- ❖ Revision of colours and shapes through game and placing activity.
- ❖ Tracing of shapes and numbers.
- ❖ Games related to numbers, shapes and colours.
- ❖ Wooden puzzles related to shapes.
- ❖ Number Rhyme – 1, 2 buckle my shoe.
- ❖ Number Book Pgs. – 4, 5, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26
- ❖ Sketch Book Pgs. – 16
- ❖ Activity Sheet Book Pgs. – 13, 15, 24



## ✚ GENERAL AWARENESS

### ❖ HEALTH AND HYGIENE

Health education plays an important role in community hygiene. To prevent illness and have positive health attitude, correct and complete knowledge of health is necessary. Health is cleanliness and cleanliness is one of the main defense against diseases, whether contagious or self-generated.

#### Talk on:

- Importance of healthy life e.g. brushing teeth & washing hands etc.
- Importance of healthy food. Why to avoid junk food (following healthy life style & routine).

### ACTIVITY GALORE

- ❖ Healthy & junk food through song and story on smart board.
- ❖ Activity – Brush my teeth
- ❖ Showing cleanliness kit with real objects and explaining its use and importance.
- ❖ Creating a self-grooming corner



### ❖ MY FAMILY

Life & people are always changing but the main values and basis of the concept of family should always remain. Family values are important and should be cherished and nurtured. Love, support, friendship, and guidance are key qualities necessary to form a family bond.

### Talk on:

- Importance & need of each family member.
- Talk about Grandparents. How we must take care, love them and respect them.
- Talk about strangers. Why we must not talk to them & should not go anywhere with them.

### ACTIVITY GALORE

- ❖ Story related to importance of family on smart board
- ❖ Circle Time Activity – Recognizing each family member including grandparents through puppets
- ❖ Role Play – Related to family members.
- ❖ General Awareness Book Pg. no. 5



### ❖ MY HOUSE

The first school of the child is his/her home. The place where they spend most of their time and the favourite place to relax is their room. That is why it is aptly said, “Home is where heart is”.

### Talk on:

- Experiences from the surroundings.
- Observation of articles found in different rooms of the house.
- Importance of house & its rooms,
- Learning & speaking names of the articles like center table, almirah, wash basin, gas stove, rolling pin, mop, pastry board, goggles, cap, fan, A.C, cooler etc.

### ACTIVITY GALORE

- ❖ Showing different articles related to various rooms on smart board.
- ❖ Game - Guess who am I and in which room you can see me.
- ❖ Finding objects related to different rooms of our house.
- ❖ General Awareness Book Pgs. 6 & 7
- ❖ Activity Sheet Book Pg. 8

### ❖ MY SCHOOL

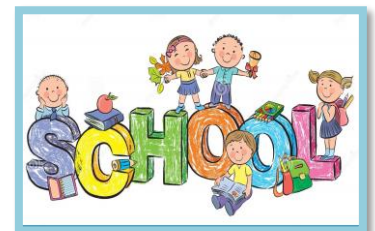
A school is a place where we acquire knowledge, develop new skills and further our desires for achievement. It is a temple of learning. Let’s discover School-our pride.

### Talk on:

- Talking about name of the school
- Importance of school
- Talking about different areas of the school
- School uniform
- Maintaining cleanliness in school premises.

### ACTIVITY GALORE

- ❖ Visit to different areas of School.
- ❖ Good manners & rules to be followed in class & school through video.
- ❖ General Awareness Book Pg.9
- ❖ Activity Sheet Book Pg. 12



## STRUCTURED CONVERSATION

**Ques.1** Name the objects used to keep us clean?

**Ans:** Handkerchief, comb, soap and sanitizer.

**Ques.2** What is your father's name?

**Ans:** My father's name is Mr. \_\_\_\_\_.

**Ques.3** What is your mother's name?

**Ans:** My mother's name is Mrs. \_\_\_\_\_.

**Ques.4** Where do you sleep?

**Ans:** I sleep in the bedroom.

**Ques.5** Where do you take bath?

**Ans:** I take bath in the bathroom.

**Ques.6** Where does your mother cook food?

**Ans:** My mother cooks food in the kitchen.

**Ques.7** Where do you entertain your guests?

**Ans:** We entertain our guests in the drawing room.

**Ques. 8:** In which school do you study?

**Ans:** I study in N.K. Bagrodia Public School.

**Ques. 9:** In which class do you study?

**Ans:** I study in PS \_\_\_\_\_.

**Ques. 10:** Who is your class teacher?

**Ans:** \_\_\_\_\_ is my class teacher.



## FINE MOTOR SKILLS (CREATIVE)

- ❖ Paper folding of a house.
- ❖ Making shapes, letters and numbers with clay.
- ❖ Freehand drawing of shapes, my house.
- ❖ Printing on cutouts of things used by family members(Group Activity).
- ❖ Play with Pictures Pgs.- 5, 17, 18
- ❖ Making of school bus (Individual Activity).

## INTELLECTUAL DEVELOPMENT (COGNITIVE)

- ❖ Skill: Memory
- ❖ Skill: Find the difference
- ❖ Skill: Part & Whole relationship
- ❖ Skill: Odd one out



## ACTIVITY GALORE

- ❖ Memory Adventure Quest – Memory game through flash cards and real objects.
- ❖ Difference discovery -Find the difference between two pictures.
- ❖ Pairing Play – Finding appropriate pair and matching through real object.
- ❖ Oddity Hunt – Look and say the odd one out.
- ❖ Activity Sheet Pgs. 9, 7
- ❖ Solving wooden puzzle (4-5 pieces)

## SOCIO-EMOTIONAL DEVELOPMENT

### ✓ VALUE EDUCATION

- “Good hygiene is the passport to the land of good health”.
- “Having a place to go is a home. Having someone to love is a family. Having both is a blessing”.
- “We may all be different fishes, but in this school we swim together.”



## ACTIVITY GALORE

- Importance of Health & Hygiene through circle time.
- Importance of family through story.
- School’s virtual tour through video.

### ✓ DEVELOPING GOOD HABITS

- Greetings like hello, good morning ma’am, good morning ...(friends name)
- How to hang the school bag
- Walking in a queue
- Placing a bowl of water in balcony and terrace and helping birds in quenching the summer thirst.
- Wishing elders and younger ones with Namaskar.

### ✓ LIFE SKILLS

- How to keep our classroom clean
- How to fold a t-shirt (activity based)
- Table manners (helping your mother in setting a dining table, Restaurant etiquettes; napkin spreading etc.)

## GROSS MOTOR SKILLS (PHYSICAL

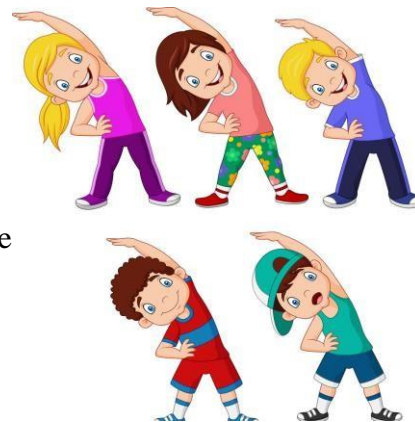
### DEVELOPMENT)

### PHYSICAL EXERCISES

- ❖ Warm up exercises
- ❖ Shoulder movement-rotating shoulders clockwise and anti-clockwise

### FUN ACTIVITY

- ❖ Throwing and catching a big ball.
- ❖ Jumping & jogging on the spot.





## CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

### ACTIVITY GALORE

- ❖ Shape train cards activity
- ❖ Can we replicate (with Ice-cream sticks).



## MANTRA OF THE MONTH

### ▪ SHIVA MANTRA

ॐ नमः शिवाय  
 शुभं शुभं कुरु कुरु  
 शिवाय नमः ॐ |



## MUDRA OF THE MONTH

- Hakini Mudra (To enhance concentration, develops creativity, boost memory power, etc.)



## AESTHETIC DEVELOPMENT (MUSIC)

### ❖ Sargam level 1

सा रे ग म प ध नी सां  
 सां नी ध प म ग रे सा ।



- ❖ Rain Song - O Rainbow, O Rainbow
- ❖ Sound & recognition of “flute”
- ❖ Sound of “ Frog”

## RHYMES

English	Hindi
<u>My house is red</u>	<u>बिल्ली ने खोला एक स्कूल</u>
My house is red	बिल्ली ने खोला एक स्कूल
A little house	लेकर बैठ गई एक रूल
A happy child am I	माफ़ करी जब पूरी फ़ीस
I laugh and play	चूहे आये बीस पचीस
All day long	उल्टा सीधा पाठ पढ़ाया
I hardly ever cry	चुपके से एक चूहा खाया
I have a tree	जाने किसने खोली पोल
A green green tree	शोर मचाया पीटा ढोल
To shade me from the sun	
And under it I often sit	

When all my play is done	दरवाज़े पर ताला डाल चूहों ने करदी हड़ताल बिल्ली बाय बाय-2
<b><u>One, two, Buckle my shoe</u></b> One, two, Buckle my shoe. Three, four, Open the door. Five, six, Pick up sticks. Seven, eight, Lay them straight. Nine, ten, A big fat hen.	<b><u>रोज़ सवेरे उठना</u></b> रोज़ सवेरे उठना अच्छा होता है नित कर्म करना अच्छा होता है ठीक समय पर पढ़ना अच्छा होता है नहीं किसी से लड़ना अच्छा होता है

### **TECHNOLOGICAL SKILLS**



- Revision of basics of computers.
- Some dos and don'ts in computer class.
- Quiz on Machine/Non-machine things.
- Enhancing logical, analytical ability and control over mouse through games on computer.

### **DRAMATICS**

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

❖ **Activity Galore** - अच्छी आदतें (Story Dramatization)

### **HAPPINESS ACTIVITY**

Sailing of paper boat on a rainy day.

### **DESH BHAKTI ACTIVITY**

How to salute our Tricolour.





## **DIET CHART**

“A healthy diet plan nourishes mind, body & soul”.

### **To be followed every week.**

Monday	1 Chapati + Seasonal vegetable and cucumber slices
Tuesday	Vegetable Sandwich
Wednesday	Stuffed vegetable parantha + 2 cookies
Thursday	Besan/ Suji vegetable cheela
Friday	Paneer Roti Wrap + 1 cream crunchy wafer

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

World Chocolate Day Celebration - PS & PP	08.07.2024
CC(PP-D) – Guru Purnima	19.07.2024
Freehand Drawing & Colouring Activity (Intra PP)	24.07.2024
Freehand Drawing & Colouring Activity (Intra PS)	25.07.2024
CC(PP-C) – Kargil Diwas	26.07.2024
Freehand Drawing & Colouring Activity (Inter) – PS & PP	31.07.2024

## **HOLIDAYS**

Muharram	17.07.2024
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