



N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI

PRE-PRIMARY

MONTHLY PLANNER 2025-26 (APRIL - MAY 2025)



LANGUAGE DEVELOPMENT (ENGLISH)

- Story narration and listening
- Communication Skills
 - ✓ Telephonic conversation
 - ✓ Simple commands
 - May, I come in please.
 - Ma'am, I am feeling thirsty. May, I quench my thirst.
 - May, I go for convenience
 - Excuse me
 - Please get aside.
 - ✓ Rhymes – Everybody has a name, Just move



▪ ORAL

- Revision of capital and small letters with phonetic sound and vocabulary words (A-Z), (a-z).
- Reading of words with sound 'a' and 'e'.
- Reader pgs. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12
- Picture Reading

▪ WRITTEN WORK

- Tracing of Patterns
- Letters – A, B, C, D, E, F, G, H, I, J, K, L, M, N, O
- Activity Book Pages: 1, 2



▪ ACTIVITY GALORE

- Tracing of letters with finger, colours, clay, ice cream stick, bindi.
- Show and tell activity.
- Creative activity related to letters.
- Story dramatization through puppets – Circle Time

LANGUAGE DEVELOPMENT (HINDI)

- Recognition of vyanjans - ट, ढ, द, ठ, व, ब, क, प, ष, फ, ग, म
- Written - ट, ढ, द, ठ, व, ब, क, प, ष, फ, ग, म
- Rhymes- गरमी के फल, घर
- Activity Book Pages: 3, 15
- Rhymes through audio

▪ ACTIVITY GALORE

- Fun rhyme - नमस्ते जी
- Fun activity with 'ट'
- Dancing on Dhol music 'ढ'.
- Role play activity related to 'द'



- Sensorial activity related to 'ठ'
- Leaf pasting activity related to 'प'
- Role play activity related to 'फ'
- Fun game related to 'व'
- Talcum tracing related to 'ब', 'ष', 'ग'
- Sound discrimination related to 'क' (कोयल और कौआ)
- Finger printing activity related to 'म'

NUMERICAL CONCEPTS

▪ **ORAL**

- Oral counting 1-30
- Recognition 1-30
- Shapes - Rectangle, Square, Circle, Triangle, Heart, Star, Oval, Cone, Semi Circle
- Pre-no. Concepts (with real examples & objects) – more/less, big/small, full/empty
- Four sections of a day
- Number rhyme - Little Fingers

▪ **WRITTEN WORK**

- Numbers - 1, 2, 3, 4, 5, 6, 7, 8
- Activity Book Pages: 4, 5

▪ **ACTIVITY GALORE**

- Listening skill activity (1-20)
- Scavenger hunt & Corner display related to shapes
- Introduction of Pre-number concepts with objects and activities
- Different fun activities with numbers



GENERAL AWARENESS

▪ **THE STORY OF ME (MYSELF)**

This theme encourages self- awareness and enhances learning. This provides children with the opportunity to answer the all-important question "Who Am I?". They learn to be an individual and start to understand all the amazing things that they can do.

✓ **Talk on:**

- My name is _____
- I am a boy /girl.
- I am _____ years old.
- Father's name/Mother's name.
- My likes/ dislikes.
- My home address.
- My contact number.



- **ACTIVITY GALORE**

- Speaking Skills (mirror activity).
- Smile and shine activity.

- **MY HUMAN FRAME (MY BODY)**

Students shall come to know about various parts of the human body. Though all components of the human body work differently, they still manage to work together.

✓ **Talk on:**

- Parts of body (upper portion)
- Parts of body (lower portion)
- Sense organs



- **ACTIVITY GALORE**

- Action song.
- Demonstration through sensory display
- Build-a-body

- **SELF CARE (PERSONAL HYGIENE)**

Good personal hygiene is essential and learning at a young age will help children understand its importance as well as how to practice the same.

✓ **Talk on:**

- Things which helps to keep our body clean.

- **ACTIVITY GALORE**

- Let's groom self - using grooming kit in class.
- Scrub-a-dub puzzle (pairing game).



- **MY LITTLE OWN UNIVERSE (MY FAMILY)**

This gives your students the opportunity to talk about the people most important to them and also helps them realize that family-the people we live with, is something we all have in common.

✓ **Talk on:**

- Family and its importance.
- Relatives
- Joint and nuclear family.
- Role of family members.
- Difference between family members and strangers.



- **ACTIVITY GALORE**

- Showing of different family member's puppets.
- Role play activity.
- Guess the family member – riddle activity

- **THE GOLDEN SEASON (SUMMER SEASON)**

Summer season is the warmest season and has longest days, because our part of Earth is faces the sun throughout the season. Children understand the importance of using sunscreen and staying covered and cool.

✓ **Talk on:**

- Things we eat, drink, use wear in summer season.
- Good and bad affects.
- Precautions to be taken in summer season.

- **ACTIVITY GALORE**

- Song on summer season.
- Summer drink activity.
- Dress up like summer



- **THE WEEKLY RHYTHM (DAYS OF THE WEEK)**

Knowing the names of the days of the week makes understanding of concept of time more concrete for young children. Knowing the names helps in keeping the schedule organized.

✓ **Talk on:**

- Names of days of the week.

- **ACTIVITY GALORE**

- Days of the week song and activity (High Five)

- **MY COZY CASTLE (MY HOME)**

A home is a special place where the child lives, plays and grows. Knowing about the different rooms and their importance in life will give the child a sense of responsibility about taking care of associated things.

✓ **Talk on-**

Different rooms in a house

- Drawing room
- Dining room
- Living room
- Bedroom
- Kitchen
- Washroom

- **ACTIVITY GALORE**

- Sorting Game

Words to know and speak

mirror, comb, towel, nail cutter, tooth brush, shampoo, handkerchief, juice, cooler, goggles, air conditioner, grandmother, grandfather, mother, father, brother, sister, joint family, nuclear family, stranger

- ✓ **Activity Book Pages:** 9, 10, 11, 12
- ✓ **Language 1 Reader Pg – 53**

CONVERSATION SKILLS

Q1. What is your father's name?

A. My father's name is Mr

Q2. What is your mother's name?

A. My mother's name is Mrs.....

Q3. What is your home address?

A. My home address is.....

Q4. What is your contact number?

A. My contact number is.....

Q5. Name some of the body parts?

A. They are eye brows, tongue, teeth, elbow, knuckles, thighs, wrist.

Q6. Name the things which help to keep our body clean?

A. They are mirror, comb, oil, toothbrush, towel, nail cutter, soap, shampoo, handkerchief.

Q7. Name the months of summer season?

A. They are April, May and June.

Q8. How is the weather in the summer?

A. It is hot and humid during summers.

Q9. What precautions should we take during summers?

A. Drink lots of water and avoid going out in the sun.

Q10. How many days are there in a week? Name them.

A. There are 7 days in a week, they are Monday, Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.



FINE MOTOR SKILLS (CREATIVE)

- ❖ Free hand drawing- with the outline of my tiny hands.
- ❖ Origami of Fabulous Fox.
- ❖ Summer season activity- A smiling Sunflower with fork printing.
- ❖ "A handmade Souvenir for My Beautiful Mom! "Mother's Day activity.
- ❖ Splash of colours- English Reader Page: 47.
- ❖ Colouring Book Pages: 1 to 7.
- ❖ Creative Expression Book.
 - ✓ I am special- Page: 1
 - ✓ Origami of dog- Page: 2
 - ✓ Bubble wrap printing- Page: 3
 - ✓ Water colouring- Page: 4

INTELLECTUAL DEVELOPMENT (COGNITIVE)

- ❖ Skill-Memory
- ❖ Skill-Sorting
- ❖ Skill-Zipping
- ❖ Activity Book Page: 18

▪ ACTIVITY GALORE

- Hue Hunt – Sorting with colours
- Brain wave – Memory game with cards
- Zipping with pouch



SOCIO-EMOTIONAL DEVELOPMENT

SELF AWARENESS

- ❖ Breathing exercise (Deep breathing)
- ❖ Star pose
- ❖ Interaction with kids about how they feel
- ❖ Sensorial activities- walking, exercising, dancing.

VALUE EDUCATION

- ❖ Let's learn to express
- ❖ Personal hygiene

LIFE SKILLS

- ❖ Shiny hands (special assembly)
- ❖ I keep you clean (hanky folding)



GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

- ❖ Power up with Aerobics Fun!
- ❖ Step by step: Walking forward and backward fun!
- ❖ Fast and Flexible: Straight and zig-zag Sprints!
- ❖ Deep breathing.
- ❖ "I am rooted and stable-Tree Pose. "



MANTRA OF THE MONTH

▪ सरस्वती पुराणोक्ता मंत्र

ॐ श्री श्री महा सरस्वती देवी भगवती नमः

MUDRA OF THE MONTH

- ❖ Gyan/ Dhyana mudra (To increase mental strength, sharpen concentration and improve focus).

CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

- ACTIVITY GALORE
 - Brain teaser (related to parts of body with real objects).

AESTHETIC DEVELOPMENT (MUSIC)

- ❖ Recognition of musical instruments
 - Harmonium
 - Congo
 - Synthesizer

❖ Sargam level 1

सा रे ग म प ध नी सां
सां नी ध प म ग रे सा ।

❖ Sargam level 2

सासा रेरे गग मम पप धध नीनी सांसां
सांसां नीनी धध पप मम गग रेरे सासा ।

- ❖ Beats on congo
- ❖ Song – Welcome Song – “Hello Hello How are you”
- ❖ Mother’s Song – “I love you mummy”



TECHNOLOGICAL SKILLS

- ❖ Revision of different parts of a computer
- ❖ MS Paint (Drawing different shapes and colouring them).
- ❖ Enhancing logical, analytical ability and control over mouse through games on computer.

DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

- ACTIVITY GALORE
 - Story - अच्छी आदतें

INTERNATIONAL GREETING (JAPANESE LANGUAGE)

Ohayō (Good Morning)

Genkidesu ka (How are you)

RHYMES

English	Hindi
<u>Just Move</u> Move right, move left, Move fast, move slow, And say "How are you?" Run front, run back, Run right, run left, And say "I'm fine" Bend your knee to the right, Bend your knee to the left, And say "What do you like?" Jump high, jump low, Jump fast, jump slow, And say "This is what we like".	<u>गर्मी के फल</u> गर्मी के फल न्यारे-न्यारे, मीठे-मीठे प्यारे-प्यारे, सभी फलों का राजा आम, बच्चे बूढ़े करें सलाम खरबूजा तरबूज है आते सारी गर्मी दूर भगाते आइू चीकू गोल - गोल खाओ इन्हें मत पूछो मोल
<u>Everybody has a name</u> Everybody has a name Some are different Some are same Some are short Some are long All are right None are wrong. I like my name It's special to me It's exactly who I wanna be And my name is	<u>घर</u> पापा, क्यों अच्छा लगता है अपना प्यारा-प्यारा घर? घूम-घाम लें, खेल-खाल लें नहीं भूलता लेकिन घर। नहीं आपको लगता पापा है माँ की गोद-सा घर। प्यारी-प्यारी ममतावाला सुंदर-सुंदर न्यारा घर। थककर जब वापस आते हैं कैसे बिछ-बिछ जाता घर। खिला-पिला आराम दिलाकर नई ताज़गी देता घर।

Ten Little Fingers

Ten little fingers,
Ten little toes,
Two little ears,
And
one little nose,
Two little eyes,
That shine so bright,
And
two little lips to
kiss Mamma
"Good Night".



DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

To be followed every week.

Monday	Aloo/ Paneer stuffed parantha with any sweetmeat
Tuesday	Besan/Suji vegetable chilla with ketchup and cupcake
Wednesday	Brown bread vegetable sandwich with favourite biscuits.
Thursday	1 chapati, lady finger/seasonal vegetable and cream wafers
Friday	Bread Poha/Vegetable Upma with a chocolate candy.

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

New session begins for PP	01.04.2025
Induction Programme for PS students (Roll no. wise)	02.04.2025 to 04.04.2025
World Health Day Celebration - PS & PP	11.04.2025
Earth Day Celebration - PS & PP	21.04.2025
PTM – PS & PP	03.05.2025
World Laughter Day - PS & PP	05.05.2025
Hindi Individual Rhyme Recitation Activity (Intra) – PP- A, B, C, D	07.05.2025

Hindi Individual Rhyme Recitation Activity (Intra) – PP- E, F, G	08.05.2025
Hindi Individual Rhyme Recitation Activity (Intra) – PS - A, B, C, D	13.05.2025
Hindi Individual Rhyme Recitation Activity (Intra) – PS- E, F, G	14.05.2025
Mother's Day Celebration – PS & PP	16.05.2025

HOLIDAYS

Mahavir Jayanti	10.04.2025
Ambedkar Jayanti	14.04.2025
Good Friday	18.04.2025
Buddha Purnima	12.05.2025
Last Working Day for Students (Summer Break)	16.05.2025
School Reopens	02.07.2025