



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**  
**PRE-PRIMARY**  
**MONTHLY PLANNER 2025-26 (JULY 2025)**

# MONTHLY PLANNER



## JULY 2025

## LANGUAGE DEVELOPMENT (ENGLISH)

### ❖ STORY NARRATION - Circle Time

### ❖ COMMUNICATION SKILLS

- Simple commands-
  - ✓ Listen carefully to the teacher.
  - ✓ Line up nicely at the door.
  - ✓ Put your hand up if you have a question.
  - ✓ Be gentle with your classmates.

### ❖ ORAL

- Reading of words with sound 'e', 'i' & 'o' (Reader Pgs. 10, 11, 12, 13, 14, 15, 16, 17, 18)
- Sight Words- I, he, she, me, are, you, we, my (Reader Pg. 30)
- Phonogram "oo" (Reader Pg. 31)
- Introduction of 'a' Or 'an'. (Reader Pgs. 25, 26)
- Usage of This/That (Reader Pg. 28)
- Rhymes - Back to school, Neighborhood
- Story- A cricket and an ant

### ❖ WRITTEN

- Letters - P, Q, R, S, T, U, V, W, X, Y, Z
- Work Book Pgs. – 14, 20, 21, 22, 23
- Activity Book Pgs. 13, 14, 24

### ❖ STORY - Cricket and the Ant

Once there was an ant and a cricket, they were neighbours.

The cricket was lazy. The ant was hardworking.

The ant gathered grains for winter. The cricket sang songs and did not store food.

In few month's time the field was covered with snow.

The cricket was starving as it had nothing to eat. The ant had sufficient food to last full winter.

The ant helped the cricket with some food. The cricket promised to work hard.

Moral: Hardwork and preparation are key to success

### ❖ ACTIVITY GALORE

- Tracing letters with finger, colours, moulding clay, ice-cream sticks and talcum powder.
- Creative activities related to letters.

## LANGUAGE DEVELOPMENT (HINDI)

### ❖ ORAL

- Recognition of भ, न, त, च, ज, र, स, ख
- Reading of two letter words.
- Rhymes - कागज की नाव, पौष्टिक आहार
- Reader Book revision Pgs. – 11, 17, 22



### ❖ WRITTEN

- Practice of भ, न, त, च, ज, र, स, ख
- Practice of two letter words and श्रुतलेख
- Activity book Pg 16.

### ❖ ACTIVITY GALORE

- Talcum tracing related to - भ, च, ज
- Butterfly activity related to 'त'
- सिपाही Rhyme for 'स'
- Tug of war related to 'र'
- Making paper boat activity related to 'न'
- Rabbit Jump for 'ख'

## ✚ NUMBER WORK (NUMERICAL CONCEPTS)

### ❖ ORAL

- Counting 1-50
- Recognition 21-30, 1-30, 31-40
- Backward Counting 10-1
- Skip Counting 1-9, 2-10
- Number Rhyme – Raindrops
- Concept of ones and tens
- Concept of what comes after and before 1-10 in (sequence, random)



### ❖ WRITTEN

- Numbers - 9, 10, 1-10, 11-20, 1-20, 21-30, 31-40, 41-50
- Backward counting 10-1
- Fill up 1-10, 1-20
- Skip Counting 1-9, 2-10
- Ones & tens
- What After & Before 1-10
- Activity Book Pgs. 17, 18, 19

### ❖ ACTIVITY GALORE

- Pre-number concepts with real objects
- Number rhyme with activity
- Backward counting through jumping
- Skip counting through bangle activity
- Ones and tens through abacus
- What comes After & before through fun game

## **GENERAL AWARENESS**

- ❖ **MY ACADEMIC HUB (MY SCHOOL)** - School is also called the temple of learning. It is a place where child learns various skills be it emotional, practical or educational. Teachers are the guiding mentors who take children to the path of progress. It is home away home.

- **Talk On:**

- ✓ Name and location of school.
- ✓ Functional areas of the School.
- ✓ Proper school uniform.
- ✓ People who help to run the school.
- ✓ Things we see in the classroom.



- ❖ **ACTIVITY GALORE**

- School round.
- Describing/ Display of our school uniform.
- Role play activity.
- Song on School.
- What is in my school bag - Game

- ❖ **THE WET SYMPHONY (RAINY SEASON)**: A much awaited season for all especially for farmers and little ones waiting eagerly for rain to fall so that they can splash - splash in puddle and sail paper boat the season begin with joy and health hazard too. Children get to know various aspects of the season through various activities.

- **Talk On:**

- ✓ Things we eat and drink.
- ✓ Things we use and wear in rainy season.
- ✓ Good and bad affects.
- ✓ Precautions to be taken.

- ❖ **ACTIVITY GALORE**

- Song on Rains.
- Showing real objects.
- Paper boat activity.
- Sounds related to rainy season.
- Corner display
- Rain walk parade



- ❖ **EARTH'S EDIBLE GIFT (FOOD)**: Food is eaten every day for energy and strength. We need to eat a variety of food to get all the essential nutrients body needs.

- **Talk On:**

- ✓ Healthy Food.
- ✓ Unhealthy Food.
- ✓ Dairy products.



## ❖ ACTIVITY GALORE

- Video on healthy and unhealthy food.
- Making of a healthy snack chaat.
- Showing real objects
- Corner Display

**Activity Book Pgs. 21, 22**

- ❖ CLOSE KNIT COMMUNITY (NEIGHBOURHOOD) - Great neighbourhoods provide endless opportunities for kids to explore, create, and lead. From organizing community events to building forts in the backyard, children can exercise their imagination and develop essential leadership skills.

### ▪ Talk On

- ✓ Importance of neighbourhoods
- ✓ Different places which are generally seen around us

## ACTIVITY GALORE

- Showing videos on neighbourhood
- Visit to various neighbourhood places

## WORDS TO KNOW:

entrance gate, guard room, reception, gymnastic room, play pen, medical room, skating rink, puddle, umbrella, lightening, thunder, cuisine, menu, market, hospital, bank, temple, gurudwara, mall, complex.

## STRUCTURED CONVERSATION

**Q1.** In which school do you study ?

**A.** I study in N.K. Bagrodia Public School.

**Q2.** In which class do you study ?

**A.** I study in PP ( A, B, C, D, E, F, G).

**Q3.** Who is your class teacher?

**A.** My class teacher is \_\_\_\_\_ ma'am.

**Q4.** Name the people who help to run school.

**A.** Principal, Incharge, Teacher, Office staff and Helpers.

**Q5.** Name months of rainy season.

**A.** They are July, August and September.

**Q6.** Name the things we use in rainy season.

**A.** They are umbrella, raincoat and gumboots.





## **FINE MOTOR SKILLS (CREATIVE)**

- Free hand drawing on the theme Rainy Season.
- Colouring book pgs. 8 to 12.
- Creative Expression Book.
  - ✓ Mixing of colours - Pg. 5
  - ✓ Sponge Dabbing - Pg. 9
  - ✓ Tearing and Pasting- Pg. 10
  - ✓ Vegetable Printing - Pg. 11



## **INTELLECTUAL DEVELOPMENT (COGNITIVE)**

- ❖ **Skill: Observation**
- ❖ **Skill: Odd one out**
- ❖ **Skill: Buttoning**
- ❖ **Skill: Puzzle**
- ✓ **Activity** – Look closer, discover more – Observation (through cards)  
Let's elucidate your brain – Odd one out (real objects)  
Buttoning with real material  
Let's sort – wooden puzzles
- ❖ **Activity Book Pgs. 6, 8, 18, 19**

## **SOCIO-EMOTIONAL DEVELOPMENT**

### ✓ **VALUE EDUCATION**

#### **MAGICAL WORDS**

Use of sorry, please, thank you, excuse me, pardon, please get aside through story narration.

### ✓ **LIFE SKILLS**

- ❖ Folding of an apron.
- ❖ Pack your bags.



## **GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)**

### ❖ **PHYSICAL EXERCISES**

- ✓ "Fit Fiesta" – Celebratory and fitness-focused Aerobics.
- ✓ "Climb & Glide" – March back and forth like you are in a parade-climb up and down the stairs.
- ✓ Mountain Pose (Tadasana)
- ✓ Triangle Pose (Trikonasana)

## ❖ BREATHING EXERCISES

- ✓ Flower Breath
- ✓ Blowing out the candle.

## ✚ CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

## ACTIVITY GALORE

- ❖ What doesn't belong here? (Related to topic- Rainy season).

## ✚ MANTRA OF THE MONTH

### ▪ SHIVA MANTRA

ॐ नमः शिवाय  
शुभं शुभं कुरु कुरु  
शिवाय नमः ॐ |



## ✚ MUDRA OF THE MONTH

- Hakini Mudra (To enhance concentration, develops creativity, boost memory power, etc.)

## ✚ AESTHETIC DEVELOPMENT (MUSIC)

### ❖ Sargam level 1 and 2

- 1) सा रे ग म प ध नी सां  
सां नी ध प म ग रे सा ।
- 2) सासा रेरे गग मम पप धध नीनी सांसां  
सांसां नीनी धध पप मम गग रेरे सासा ।

### ❖ Saraswati Vandana - हे सरस्वती माँ तुम्हे नमन

### ❖ Bhojpuri Folk Song – आहवो आहवो रे बरखा आहवो रे

### ❖ Sound & recognition of “Tambourine”

### ❖ Bhangra beats on Congo



## ✚ INTERNATIONAL GREETING (FRENCH LANGUAGE)

- ❖ Salut (Hello)
- ❖ Bonjour (Good Morning)

## **DRAMATICS**

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

### **ACTIVITY GALORE**

अच्छी आदतें (Story Dramatization)

## **HAPPINESS ACTIVITY**

Sailing of paper boat on a rainy day.

## **TECHNOLOGICAL SKILLS**

- ❖ Revision of basics of computers.
- ❖ Some dos and don'ts in computer class.
- ❖ MS Paint/TUX Paint (Drawing different shapes and colouring them).
- ❖ Enhancing logical, analytical ability and control over mouse through games on computer.



## **RHYMES**

English	Hindi
<b><u>BACK TO SCHOOL</u></b>  Summer is over, and school is here. Pack your bags, on the bus you go. Make new friends, and say hello. Reading, writing, learning more Than you ever did before.  Adding numbers 1,2,3 So much to do, learn and see. I am happy to meet everyone Get ready for school, because it is fun.	<b><u>पौष्टिक आहार</u></b>  पिज़्ज़ा, बरगर, पोपकोर्न, वैफर्स ये दिल मागे more इनके लिए बच्चे करते हैं शोर। फल, सब्जियों को करते हैं ignore दूध और जूस मागे no more बच्चों तुम ये जानो, जानो और ये मानो। फल और सब्जियां खाने से खुब energy मिलती है ये सब है बड़े ही yummy ऐसा कहती है mummy दे दो फिर हमको apple गाजर भी हमको दे दो स्वस्थ और healthy बनेंगे हम



इनको हम नहीं कहेंगे ना

### Neighborhood

“Places in My Neighborhood”

I walk around my neighborhood,  
I see the places—oh, so good!

I see the school, I love to learn,  
I read, I write, and then return.

I see the park, with swings so high,  
I laugh and play and touch the sky.

I see the store, with food to buy,  
Apples, juice, and a blueberry pie!

I see the bank, where money stays,  
It helps my family in many ways.

I see the hospital, clean and bright,  
They help us feel just right!

I love my neighborhood, yes I do,  
It's full of people kind and true!

### कागज की नाव

देखो देखो काली घटा छाई, टिप टिप टिप टिप बारिश आई ।

जिया, कनव ने नाव बनाई, फिर सबने मिलकर बहाई।

नाव लहर में तैरती है, कितनी सुंदर लगती है।

आगे बढ़ती रहती है, हमको यह समझाती है।

कभी भी ना तुम घबराना, बस आगे ही बढ़ते जाना।



### Raindrop

One little raindrop in the  
dark, dark sky  
Two little raindrops watch the  
clouds roll by  
Three little raindrops go  
splat, splat, splat!  
Four little raindrops, we'll  
need boots for that!  
Five little raindrops and still  
no sun? That's too much for  
us, we better run!



## **DIET CHART**

“A healthy diet plan nourishes mind, body & soul”.

### **To be followed every week.**

Monday	1 Chapati + Seasonal vegetable and cucumber slices
Tuesday	Vegetable Sandwich
Wednesday	Stuffed vegetable parantha + 2 cookies
Thursday	Besan/ Suji vegetable cheela
Friday	Paneer Roti Wrap + 1 cream crunchy wafer

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

DATE	ACTIVITY
07.07.2025	World Chocolate Day Celebration - PS & PP
11.07.2025	State Savvy – PP – A, B, C
17.07.2025	World Emoji Day – PS & PP
22.07.2025	National Mango Day – PS & PP
24.07.2025	Freehand Drawing & Colouring Activity (Intra) – PP
25.07.2025	Kargil Vijay Diwas – PS & PP
28.07.2025	Colouring Activity (Intra) - PS
30.07.2025	State Savvy – PP – D, E, F, G
31.07.2025	Freehand Drawing & Colouring Activity (Inter) – PS & PP