



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**

**PRE-SCHOOL**

**MONTHLY PLANNER 2025-26 (JULY 2025)**

# MONTHLY PLANNER

## JULY 2025





## **LANGUAGE DEVELOPMENT (ENGLISH)**

- ❖ Picture Reading in English- 'Summer Season' (Activity Book Pg. 5),  
Drawing room (Activity Book Pg. 8)

### **Summer season**

1. Summer time is a fun time.
2. The sun is shining brightly.
3. We love to play in the pool.

### **Drawing room**

1. This is the picture of a drawing room.
2. The sofa is of red colour.
3. The flower vase is on the center table.

- ❖ Songs related to E, F, G, H, I

- ❖ Story – Froggy's Big Jump

### **Froggy's big jump**

A frog wanted to jump across the pond. He was unable to jump. He tried again and again.  
Boing! - he jumped.  
Splash! - he landed in the water.  
He tried again - boing! boing!  
This time he made it.

**Moral: keep trying and you will succeed.**

- ❖ Joining of 2 sounds for reading of 2 letter words – ab, ad, ag, ed, eg.

Introduction of capital and small letters Ee, Ff, and Gg with their phonetic sounds & related vocabulary.

### **Capital**

E

F

G

H

I

### **Small**

e

f

g

h

i



### **✓ VOCABULARY WORDS TO LEARN**

**E** - ENVELOPE, EXERCISE, EGGS, ELEPHANT AND ENGINE

**F** - FLOWER, FEATHER, FIRE TRUCK, FENCE AND FRUITS

**G** - GORILLA, GEYSER, GARLIC, GLASS AND GLUE

**H** - HELICOPTER, HONEYBEE, HEN, HAND AND HAMMER

**I** – IGUANA, INKPOT, INDIA, INSECT AND INCH TAPE

## ✓ ACTIVITY GALORE

- ❖ Letter reveal magic
- ❖ The letter basket game.
- ❖ Tracing letters with crayons, fingertip, earbud, cotton ball, brush.
- ❖ Moulding clay to make capital and small letters.
- ❖ Language Book Pgs. 13-26, 71, 72, 73, 74, 76, 96
- ❖ Sketch Book – Pgs. 11-15
- ❖ Matching – Capital & small letters (through cards & in sketch book)
- ❖ Activity Book Pg. 11

## ✓ ACTION WORDS – Eating, Drinking

## ✓ SIMPLE COMMANDS

- Hang your bag
- Push your chair



## ✓ CONVERSATIONAL SKILLS

Student - Ma'am! I'm feeling thirsty. May I quench my thirst?

Teacher - Yes! You may.

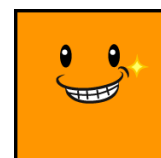


## ✚ NUMBER WORK (NUMERICAL CONCEPTS)

- ❖ Oral counting (1 – 20)
- ❖ Recognition of numbers. 4, 5, 6, 7, 8 and their value through activities like story, song, powder tray, marbles.
- ❖ Recognition of Shape – Semi circle and oval through song on smartboard and concrete objects, marbles placing
- ❖ Introduction of Pre-number concept – Thick/Thin and In/Out through concrete objects song & flashcards
- ❖ Introduction of Colours –Orange and Pink with their related objects.

## ACTIVITY GALORE

- ❖ Value of numbers (1-5)
- ❖ Revision of colours and shapes through game and placing activity.
- ❖ Tracing of shapes and numbers.
- ❖ Wooden puzzles related to shapes.
- ❖ Number Rhyme – 1, 2 I go to School
- ❖ Number Book Pgs. – 3, 4, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 58, 59, 60, 61, 62
- ❖ Sketch Book Pgs. – 23, 27





## **GENERAL AWARENESS**

### **❖ SELF- CARE (HEALTH AND HYGIENE)**

Health education plays an important role in community hygiene. To prevent illness and have positive health attitude, correct and complete knowledge of health is necessary. Health is cleanliness and cleanliness is one of the main defense against diseases, whether contagious or self-generated.

#### **Talk on:**

- Importance of healthy life e.g. brushing teeth & washing hands etc.
- Importance of healthy food. Why to avoid junk food (following healthy life style & routine).

#### **ACTIVITY GALORE**

- ❖ Healthy & junk food through song
- ❖ Activity – Brush my teeth, Pepper-germ activity.
- ❖ Showing hygiene kit with real objects and explaining its use and importance.
- ❖ Self-grooming time (Get ready for awesome)



### **❖ MY LITTLE OWN WORLD (MY FAMILY)**

Life & people are always changing but the main values and basis of the concept of family should always remain. Family values are important and should be cherished and nurtured. Love, support, friendship, and guidance are key qualities necessary to form a family bond.

#### **Talk on:**

- Importance & need of each family member.
- Talk about Grandparents. How we must take care, love them and respect them.
- Talk about strangers. Why we must not talk to them & should not go anywhere with them.

#### **ACTIVITY GALORE**

- ❖ Story related to importance of family on smart board
- ❖ Circle Time Activity – Recognizing each family member including grandparents through puppets
- ❖ Role Play – Related to family members.
- ❖ General Awareness Book Pg. 5



### **❖ MY COZY CASTLE (MY HOUSE)**

The first school of the child is his/her home. The place where they spend most of their time and the favourite place to relax is their room. That is why it is aptly said, “Home is where heart is”.

#### **Talk on:**

- Experiences from the surroundings.
- Observation of articles found in different rooms of the house.
- Importance of house & its rooms,
- Learning & speaking names of the articles like center table, almirah, wash basin, gas stove, rolling pin, mop, pastry board, goggles, cap, fan, A.C, cooler etc.

#### **ACTIVITY GALORE**

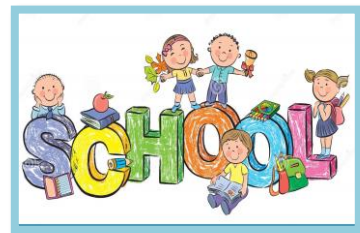
- ❖ Showing different articles related to various rooms on smart board.
- ❖ Activity: Sorting (Sort a palooza) - Finding objects related to different rooms of our house.
- ❖ Activity Book – Pg. 8

## ❖ MY ACADEMIC HUB (MY SCHOOL)

A school is a place where we acquire knowledge, develop new skills and further our desires for achievement. It is a temple of learning. Let's discover School-our pride.

### Talk on:

- Talking about name of the school
- Importance of school
- Talking about different areas of the school
- School uniform
- Maintaining cleanliness in school premises.



## ACTIVITY GALORE

- ❖ Visit to different areas of School.
- ❖ Good manners & rules to be followed in class & school through video
- ❖ General Awareness Book Pg. 8
- ❖ Activity Book Pg. 12



## STRUCTURED CONVERSATION

**Ques.1** Name the objects used to keep us clean?

**Ans:** Handkerchief, comb, soap and sanitizer.

**Ques.2** What is your father's name?

**Ans:** My father's name is Mr. \_\_\_\_\_.

**Ques.3** What is your mother's name?

**Ans:** My mother's name is Mrs. \_\_\_\_\_.

**Ques.4** Where do you sleep?

**Ans:** I sleep in the bedroom.

**Ques.5** Where do you take bath?

**Ans:** I take bath in the bathroom.

**Ques.6** Where does your mother cook food?

**Ans:** My mother cooks food in the kitchen.

**Ques.7** Where do you entertain your guests?

**Ans:** We entertain our guests in the drawing room.

**Ques. 8:** In which school do you study?

**Ans:** I study in N.K. Bagrodia Public School.

**Ques. 9:** In which class do you study?

**Ans:** I study in PS \_\_\_\_\_.

**Ques. 10:** Who is your class teacher?

**Ans:** \_\_\_\_\_ is my class teacher.







## **FINE MOTOR SKILLS (CREATIVE)**

- ❖ Paper folding of a house.
- ❖ Making shapes, letters and numbers with clay.
- ❖ Freehand drawing of shapes, my house.
- ❖ Printing on cutouts of things used by family members(Group Activity).
- ❖ Printing in cab & school bus (Group Activity).
- ❖ Colouring Book



## **INTELLECTUAL DEVELOPMENT (COGNITIVE)**

- ❖ Skill: Memory
- ❖ Skill: Find the difference
- ❖ Skill: Part & Whole relationship
- ❖ Skill: Odd one out



### **ACTIVITY GALORE**

- ❖ Memory Adventure Quest – Memory game through flash cards and real objects.
- ❖ Difference discovery -Find the difference between two pictures on the smart board & activity sheets.
- ❖ Pairing Play – Finding appropriate pair and matching through real object.
- ❖ Oddity Hunt – Look and say the odd one out.
- ❖ Activity Book Pgs. 7, 9
- ❖ Solving wooden puzzle (4-5 pieces)



## **SOCIO-EMOTIONAL DEVELOPMENT**

### ✓ **VALUE EDUCATION**

- “Good hygiene is the passport to the land of good health”.
- “Having a place to go is a home. Having someone to love is a family. Having both is a blessing”.
- “We may all be different fishes, but in this school we swim together.”



### **ACTIVITY GALORE**

- Importance of Health & Hygiene through circle time.
- Importance of family through story.
- School’s virtual tour through video.

### ✓ **DEVELOPING GOOD HABITS**

- Greetings like hello, good morning ma’am, good morning ...(friends name), Namaskar
- How to hang the school bag
- Walking in a queue in the corridor
- Placing a bowl of water in balcony and terrace and helping birds in quenching the summer thirst.
- Wishing elders and younger ones with Namaskar and boys to touch the feet of elders.

## ✓ LIFE SKILLS

- How to keep our classroom clean
- How to fold a t-shirt (activity based)
- Table manners (helping your mother in setting a dining table, Restaurant etiquettes; napkin spreading etc.)



## ✚ GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

### PHYSICAL EXERCISES

- ❖ Warm up exercises
- ❖ Hoopla Fun
- ❖ Ball Games (throwing and catching)
- ❖ Yoga (mountain pose, anulom vilom & kapalbhati)
- ❖ Simple races
- ❖ Walking forward/backward.
- ❖ Jumping & jogging on the spot.
- ❖ Game – Uncle Simon Says



## ✚ CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

### ACTIVITY GALORE

- ❖ Shape train cards activity
- ❖ Can we replicate (with Ice-cream sticks).

## ✚ MANTRA OF THE MONTH

### ▪ SHIVA MANTRA

ॐ नमः शिवाय  
शुभं शुभं कुरु कुरु  
शिवाय नमः ॐ |



## ✚ MUDRA OF THE MONTH

- Hakini Mudra (To enhance concentration, develops creativity, boost memory power, etc.)

## ✚ REGIONAL GREETING (MALAYALAM LANGUAGE)

- ❖ Namaskaram (Hello)
- ❖ Sukhamaano (How are you)




## AESTHETIC DEVELOPMENT (MUSIC)

- ❖ सरस्वती वंदना - हे शारदे माँ, हे शारदे माँ
- ❖ Sargam level 1  
सा रे ग म प ध नी सां  
सां नी ध प म ग रे सा ।
- ❖ Rain Song - रिमझिम रिमझिम टीपी टीपी टू
- ❖ Sound & recognition of “**Tambourine**”
- ❖ Clap beats on Congo



## RHYMES

English	Hindi
<p><u>My house is red</u></p> <p>My house is red A little house A happy child am I I laugh and play All day long I hardly ever cry I have a tree A green green tree</p> <p>To shade me from the sun And under it I often sit When all my play is done</p>	<p><u>रोज़ सवेरे उठना</u></p> <p>रोज़ सवेरे उठना अच्छा होता है नित कर्म करना अच्छा होता है ठीक समय पर पढ़ना अच्छा होता है नहीं किसी से लड़ना अच्छा होता है</p>
<p><u>This is my mother</u></p> <p>This is my mother Who helps me at play This is my father Who works all day This is my brother So strong and so tall This is my sister Who likes to play with doll This is me I am happy to say Together our family Kneels down to pray</p>	



### One, two, I go to school

One, two, I go to school.  
Three, four, I play outdoor.  
Five, six, I read my books.  
Seven, eight, I am never late.  
Nine, ten, I sleep by ten.



### + TECHNOLOGICAL SKILLS

- Revision of basics of computers.
- Some dos and don'ts in computer class.
- Introduction to different parts of computer.
- Enhancing logical, analytical ability and control over mouse through games on computer
- Typing letters and numbers using keyboard.



### + DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

❖ Activity Galore - अच्छी आदतें (Story Dramatization)

### + HAPPINESS ACTIVITY

Sailing of paper boat on a rainy day.

### + DESH BHAKTI ACTIVITY

How to salute our Tricolour.



## **DIET CHART**

“A healthy diet plan nourishes mind, body & soul”.

### **To be followed every week.**

Monday	1 Chapati + Seasonal vegetable and cucumber slices
Tuesday	Vegetable Sandwich
Wednesday	Stuffed vegetable parantha + 2 cookies
Thursday	Besan/ Suji vegetable cheela
Friday	Paneer Roti Wrap + 1 cream crunchy wafer

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

## **SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES**

DATE	ACTIVITY
07.07.2025	World Chocolate Day Celebration - PS & PP
11.07.2025	State Savvy – PP – A, B, C
17.07.2025	World Emoji Day – PS & PP
22.07.2025	National Mango Day – PS & PP
24.07.2025	Freehand Drawing & Colouring Activity (Intra) – PP
25.07.2025	Kargil Vijay Diwas – PS & PP
28.07.2025	Colouring Activity (Intra) - PS
30.07.2025	State Savvy – PP – D, E, F, G
31.07.2025	Freehand Drawing & Colouring Activity (Inter) – PS & PP