



**N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI**

# BALVATIKA-I

**MONTHLY PLANNER**

**SESSION 2026-27**

**(APRIL - MAY 2026)**



## LANGUAGE DEVELOPMENT (ENGLISH)

- Auditory Discrimination
- Visual Discrimination
- Story Narration
- Audio-visual discrimination
- Puppet Show
- Songs and story related to letters A, B, C, D
- Introduction of capital and small letters. Aa, Bb, Cc, Dd with their phonetic sound and related vocabulary.

### Capital

A  
B  
C  
D

### Small

a  
b  
c  
d



### ▪ VOCABULARY WORDS TO LEARN

- A – aeroplane, apple, astronaut, ant and apricot.
- B - bag, ball, bird, bus and books.
- C - cup, cake, carrot, cow and caterpillar.
- D - dog, dolphin, door, duck and dinosaur

### ▪ ACTIVITY GALORE

- Tracing of letters - through crayons, air writing, on table, with paint, clay, ice-cream sticks & powder tray.
- Matching (through flash cards).
- Moulding clay to make capital & small letters.
- Letter cards sorting through mystery bag
- Jump on the letter
- Activity book page 1
- Language Book Pgs. – 1,2, 3, 4, 5, 6, 7, 8, 9, 10, 11

### ▪ CONVERSATIONAL SKILLS

- Teacher- “Good morning children”
- Students- “Good morning, ma’am”
- Teacher- “How are you all, today?”
- Students- “I am good; how about you?”

### ▪ ACTION WORDS

- Jumping
- Clapping
- Rolling



## ▪ SIMPLE COMMANDS

- Sit Down
- Stand up

## + NUMBER WORK (NUMERICAL CONCEPTS)

- Oral Counting 1-10
- Recognition of no.1, 2 and 3
- Introduction of colours - Red, Yellow, Green and Blue through concrete objects in classroom and colour song through interactive board.
- Introduction of Shapes- Square, Triangle, Rectangle & Circle through shape song.
- Introduction of Pre-no. concepts- Big/ Small, Tall/Short through flash Cards & Concrete classroom objects.

### ▪ ACTIVITY GALORE

- Revision of Colours through an activity – Spectrum Sorter
- Recapitulation of shapes through the shape matching activity – ‘Shape Sync’
- Making shapes and numbers using clay.
- Puzzles related to shapes.
- Celebrating Colours Day
- Number Book Pages: 1, 2, 10, 11, 12, 13, 14, 15
- Activity Book Pages: 2 & 5



## + GENERAL AWARENESS

### • THE STORY OF ME (MYSELF)

Self-management is built on foundation of self-awareness. Self-awareness is a skill that helps your child tune his/her feelings, thoughts and actions. It allows your child to develop his/her ability to control his/her behavior and mood. It can be a very enriching experience.

#### ▪ TALK ON:

- Concept of a Boy/Girl
- Introduction of my name, address, telephone no., birthday
- Clothes we wear
- Toys we play

#### ▪ ACTIVITY GALORE

- Joyful Journey – Learning about concept of a Boy/Girl.
- “Amazing Me” (Self Introduction) – (In front of mirror)
- General Awareness Book Pgs. 1, 2



### • MY HUMAN FRAME (PARTS OF THE BODY)

Your body is more than what you see when you look in the mirror. Different parts have different functions and utility. Teaching little ones to know their body parts at a young age helps them in keeping their bodies strong, healthy and safe.

▪ **TALK ON:**

- Introduction of names of different body parts and their importance.
- How to maintain personal hygiene.



▪ **ACTIVITY GALORE**

- “Feature Frenzy” (Arranging different parts of face).
- “Body Bonanza” (Fun Activity with music).
- “Caring about Myself” (Brushing your teeth activity) .
- Activity Book Pages: 3, 9

• **SENSORY SENTINALS (EXPERIENCING 5 SENSES)**

Our 5 senses allow us to enjoy the world around us for e.g., the taste of your food, the sound of music, the beauty of the sunrise, the softness of a cat’s fur and the fragrance of a rose etc. Children may recognize the importance of their senses but they don’t often focus on them individually. We have created/planned a multitude of activities to help your children learn about all 5 senses.

▪ **TALK ON:**

- Introduction of 5 sense organs (Through sensory booklet)
- Importance of each sense organ and experiences related to it.

▪ **ACTIVITY GALORE**

- Visual sensory perception (Observing game)
- Auditory sensory perception (Recognizing sounds through auditory toys and sound boxes)
- Smell sensory perception (Smell and tell using related objects)
- Tactile sensory perception (Identifying hard, soft, rough, smooth objects through mystery bag)
- Taste sensory perception (Learning different tastes sweet, sour, salty and bitter)
- Outdoor Activity – Sensorial Display
- Activity Book Page - 6

• **THE GOLDEN SEASON (SUMMER SEASON)**

Summer is the hottest season of the year. However, it is a very interesting season especially for the kids as they get chance to enjoy swimming, go for vacations, eating ice-creams etc. They have school break this season, too. Where they spend a great deal of time playing/enjoying.

▪ **TALK ON**

- Weather conditions
- Objects related to summer season.
- Clothes we wear
- Things we like to eat/drink during summers
- Precautions to be taken during summers.

▪ **ACTIVITY GALORE**

- Summer Splendor Sort (Game)
- Summer Fun Song
- General Awareness Book Page: 3
- Summer Party (Fun & Frolic)
- Display Corner



## **STRUCTURED CONVERSATION**

Ques. 1: What is your name?

Ans: My name is \_\_\_\_\_.

Ques. 2: How old are you?

Ans: I am \_\_\_\_\_ years old.

Ques. 3: Are you a boy / girl?

Ans: I am a \_\_\_\_\_.

Ques 4: What is your home address?

Ans: My home address is \_\_\_\_\_

Ques. 5: What is your contact telephone number?

Ans: My contact telephone number is \_\_\_\_\_

Ques. 6: In which school do you study?

Ans: I study in N.K. Bagrodia Public School.

Ques. 7: In which class do you study?

Ans: I study in Balvatika -1 (\_\_\_\_\_).

Ques. 8: Who is your class teacher?

Ans: \_\_\_\_\_ is my class teacher.

Ques. 9: Name 2 good habits?

Ans: Take bath daily. Brush teeth daily.

Ques 10: Name 5 sense organs

Ans: Five sense organs are – eyes, ears, nose, tongue & skin.

Ques. 11: Name two objects we use in summer season.

Ans: Cooler and AC (Air conditioner).

Ques.12 Name the clothes we wear during summer season.

Ans. We wear loose cotton clothes during summer season.



## **FINE MOTOR SKILLS (CREATIVE)**

- Crushing newspaper to make a ball.
- Let's explore colours – Scribbling Activity
- Myself Activity (Bubble wrap printing)
- Paper folding of shapes
- Free hand drawing (shapes and lines)
- Playdough Pinch (Roll and pinch playdough into little balls)
- World Health Day Activity
- Earth Day Activity
- World Laughter Activity
- Crayon with Fun Book Pages – 1, 2, 3
- Portfolio – Myself Pages – 1, 2, 3

## **INTELLECTUAL DEVELOPMENT (COGNITIVE)**

- Skill: Eye-hand Coordination
- Skill: Listening
- Skill: Matching
- Skill: Observation

### **ACTIVITY GALORE**

- Eye-hand coordination
  - Stringing beads activity
  - Line to line tearing
  - Picking up paper balls with pegs.
- Listening skill
  - Sonic Discernment - listening to different sounds of instruments; and sounds on the smart board.
- Matching
  - The identical match- matching of similar objects through a game.
- Observation
  - Memory game.
  - What is wrong in the picture?
  - Wooden puzzles
  - Pyramid Tower
  - Activity Sheet Book Page: 4, 5



## **SOCIO-EMOTIONAL DEVELOPMENT**

### **VALUE EDUCATION**

“ A circle is round and has no end, that’s how long, I want to be your friend”.

- The only way to have a friend is to be one.
- Respect everyone and the world will respect you.
- Do small things with great love.



### **DEVELOPING GOOD HABITS**

- Adjusting in the class and making new friends
- Greetings like Hello, Good Morning Ma'am, Good Morning... (Friend's name)
- Sanitizing and washing your hands before and after meals.
- Walking in a queue.
- Placing a bowl of water in balconies and terrace and helping birds in quenching the summer thirst.

### **LIFE SKILLS**

- Hanging bags on pegs
- How to open and close the water bottle properly.
- Folding of an apron.
- How to peel a banana



## GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

### PHYSICAL EXERCISES

- Warmup exercises
- Breathing exercises (Yoga - अनुलोम विलोम प्राणायाम)
- Walking in a line
- Walking up and down the stairs
- Ball game
- Hoopla jump fun
- Uncle Simon says....



## CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

### ACTIVITY GALORE

- “Brain O Gym” (Placing similar coloured ice-cream sticks).
- Puzzle tray



## MANTRA OF THE MONTH

### सरस्वती पुराणोक्ता मंत्र

ॐ श्री श्री महा सरस्वती देवी भगवती नमः

## MUDRA OF THE MONTH

- Gyan/ Dhyana mudra (To increase mental strength, sharpen concentration and improve focus).

## AESTHETIC DEVELOPMENT (MUSIC)

- Recognition of Musical Instruments
  - Congo
  - Harmonium

- Clap with Congo
- Step beats on Congo

### Family Song

“I love my family – ye ye ye ”

### Song

“छुक छुक रेल चली”



## TECHNOLOGICAL SKILLS

- Introduction to computers.
- How to switch on a computer.
- Demonstrating the proper way to hold the mouse and click using the index finger.
- Playing a story/cartoon on the computer while introducing the speakers.



## DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

### ACTIVITY GALORE

- Enactment of Story – “Good Habits”

## REGIONAL GREETING (GUJARATI LANGUAGE)

Jai Shri Krishna, Kem cho? (How are you?)

## RHYMES

English	Hindi
<p><u>This is the way we brush our teeth</u></p> <p>This is the way we brush our teeth (3) This is the way we brush our teeth So early in the morning Wash our face Have a bath Comb our hair Wear our clothes Polish our shoes</p>	<p><u>एक छोटी बिल्ली ने</u></p> <p>एक छोटी बिल्ली ने पूछा अपनी मम्मी से मम्मी ये जो आँख आती है किस काम मम्मी बोली प्यारे बेटे इस्से हम देख सकते हैं खरगोश-कान-सुन हाथी-नाक-सूंग बंदर-हाथ-लिख भालू-पाओं-चल</p>



## गर्मी आई

गर्मी आयी लेने आम  
घर से निकले राम और श्याम  
नहीं लिया हाथ में छाता  
गरम हो गया उनका माथा  
दोड़े दोड़े घर को आए  
पानी डाला खूब नहाए  
फिर वो बोले हे भगवान्  
कैसे लायें अब हम आम (2)



## DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

### To be followed every week.

Monday	Aloo/ Paneer stuffed parantha with any sweetmeat
Tuesday	Besan/Suji vegetable chilla with ketchup and cupcake
Wednesday	Brown bread vegetable sandwich with favourite biscuits.
Thursday	1 chapati, lady finger/seasonal vegetable and cream wafers
Friday	Bread Poha/Vegetable Upma with a chocolate candy.

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

## SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

NEW SESSION BEGINS FOR PP	01.04.2026
NEW SESSION BEGINS FOR BV-I	06.04.2026
WORLD HEALTH DAY CELEBRATION - PRE-PRIMARY DEPT.	08.04.2026
EARTH DAY CELEBRATION - PRE-PRIMARY DEPT.	22.04.2026
BEYOND BOUNDARIES – PP – F & G	30.04.2026
PTM – PRE-PRIMARY DEPT.	02.05.2026
WORLD LAUGHTER DAY - PRE-PRIMARY DEPT.	04.05.2026
MOTHER'S DAY CELEBRATION	08.05.2026
GEETANJALI (INTRA) – PP- A, B, C, D	11.05.2026
GEETANJALI (INTRA) – PP- E, F, G	12.05.2026
GEETANJALI (INTRA) – BV-I (A, B, C, D)	13.05.2026
GEETANJALI (INTRA) – BV-I (E, F, G)	14.05.2026
BEYOND BOUNDARIES – PP – D & E	15.05.2026

## **HOLIDAYS**

<b>GOOD FRIDAY</b>	<b>03.04.2026</b>
<b>HOLIDAY</b>	<b>13.04.2026</b>
<b>AMBEDKAR JAYANTI</b>	<b>14.04.2026</b>
<b>BUDDHA PURNIMA</b>	<b>01.05.2026</b>
<b>LAST WORKING DAY FOR STUDENTS (SUMMER BREAK)</b>	<b>15.05.2026</b>
<b>SCHOOL REOPENS FOR STUDENTS</b>	<b>02.07.2026</b>



**Kindness makes  
the world brighter.**