



N.K. BAGRODIA PUBLIC SCHOOL, ROHINI, DELHI

PRE-PRIMARY

MONTHLY PLANNER

SESSION 2026-27

(APRIL - MAY 2026)



- Role play activity related to 'द'
- Fingertip tracing 'ठ'
- Powder tracing 'प'
- Clay 'फ'
- Fingertip tracing 'व'
- Talcum tracing related to 'ब', 'ष', 'ग'
- Sound discrimination related to 'क' (कोयल और कौआ)
- Finger printing activity related to 'म'

NUMERICAL CONCEPTS

ORAL

- Oral counting 1-50
- Recognition 1-30
- Shapes - Rectangle, Square, Circle, Triangle, Heart, Star, Oval, Cone, Semi Circle
- Pre-no. Concepts (with real examples & objects) – more/less, big/small, full/empty
- Four sections of a day
- Number rhyme - Little Fingers
- Concept of Ones/Tens
- Concept of space

WRITTEN WORK

- Numbers – 1-20
- Activity Book Pages: 5, 6, 28
- Forward Counting: 1-10, 11-20
- Count and write
- Value of numbers.

ACTIVITY GALORE

- Listening skill activity (1-20)
- Scavenger hunt & Corner display related to shapes
- Introduction of Pre-number concepts with objects and activities
- Different fun activities with numbers using clay, powder, ice-cream sticks.



GENERAL AWARENESS

THE STORY OF ME (MYSELF)

This theme encourages self- awareness and enhances learning. This provides children with the opportunity to answer the all-important question "Who Am I?". They learn to be an individual and start to understand all the amazing things that they can do.

✓ **Talk on:**

- My name is _____
- I am a boy /girl.
- I am _____ years old.
- Father's name/Mother's name.
- My likes/ dislikes.
- My home address.
- My contact number.



▪ **ACTIVITY GALORE**

- Speaking Skills
 - Mirror activity
 - Tiny Talks

▪ **MY HUMAN FRAME (MY BODY)**

Students shall come to know about various parts of the human body. Though all components of the human body work differently, they still manage to work together.

✓ **Talk on:**

- Parts of body (upper portion)
- Parts of body (lower portion)
- Sense organs



▪ **ACTIVITY GALORE**

- Action Song
- Fun with Expressions
- Let's make body shapes.

▪ **SELF CARE (PERSONAL HYGIENE)**

Good personal hygiene is essential and learning at a young age will help children understand its importance as well as how to practice the same.

✓ **Talk on:**

- Things which helps to keep our body clean.

▪ **ACTIVITY GALORE**

- Groom and Bloom
- Clean Vs dirty- Sorting Game



▪ **MY LITTLE OWN UNIVERSE (MY FAMILY)**

This gives your students the opportunity to talk about the people most important to them and also helps them realize that family-the people we live with, is something we all have in common.

✓ **Talk on:**

- Family and its importance.
- Relatives
- Joint and nuclear family.
- Role of family members.
- Difference between family members and strangers.



▪ **ACTIVITY GALORE**

- Role Play
- Fun Game - Find my Family.

▪ **THE GOLDEN SEASON (SUMMER SEASON)**

Summer season is the warmest season and has longest days, because our part of Earth is faces the sun throughout the season. Children understand the importance of using sunscreen and staying covered and cool.

✓ **Talk on:**

- Things we eat, drink, use wear in summer season.
- Good and bad affects.
- Precautions to be taken in summer season.

▪ **ACTIVITY GALORE**

- Show and Tell -My summer favourite.
- Summer Drink.
- Dress up Activity- summer wear.



▪ **THE WEEKLY RHYTHM (DAYS OF THE WEEK)**

Knowing the names of the days of the week makes understanding of concept of time more concrete for young children. Knowing the names helps in keeping the schedule organized.

✓ **Talk on:**

- Names of days of the week.

▪ **ACTIVITY GALORE**

- Action song
- Memory Game - which day is missing?

▪ **MY COZY CASTLE (MY HOME)**

A home is a special place where the child lives, plays and grows. Knowing about the different rooms and their importance in life will give the child a sense of responsibility about taking care of associated things.

✓ **Talk on-**

Different rooms in a house

- Drawing room
- Dining room
- Living room

- Bedroom
- Kitchen
- Washroom

▪ **ACTIVITY GALORE**

- Puzzle Time- Build a house.
- Rhyme Time.

Words to know and speak

mirror, comb, towel, nail cutter, tooth brush, shampoo, handkerchief, juice, cooler, goggles, air conditioner, grandmother, grandfather, mother, father, brother, sister, joint family, nuclear family, stranger

- ✓ **Activity Book Pages:** 10, 11, 12, 13
- ✓ Language 1 Reader Pg – 53

CONVERSATION SKILLS

Q1. What is your father's name?

A. My father's name is Mr

Q2. What is your mother's name?

A. My mother's name is Mrs.....

Q3. What is your home address?

A. My home address is.....

Q4. What is your contact number?

A. My contact number is.....

Q5. Name some of the body parts?

A. They are eye brows, tongue, teeth, elbow, knuckles, thighs, wrist.

Q6. Name the things which help to keep our body clean?

A. They are mirror, comb, oil, toothbrush, towel, nail cutter, soap, shampoo, handkerchief.

Q7. Name the months of summer season?

A. They are April, May and June.

Q8. How is the weather in the summer?

A. It is hot and humid during summers.

Q9. What precautions should we take during summers?

A. Drink lots of water and avoid going out in the sun.

Q10. How many days are there in a week? Name them.

A. There are 7 days in a week, they are Monday, Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.



FINE MOTOR SKILLS (CREATIVE)

- ❖ Creative Expression Book Pages: 1-3
- ❖ Colouring Book Pages: 1 to 4
- ❖ Splash of colours- English Reader Page: 47 and video
- ❖ Fun activity related to Earth Day
- ❖ Bright Hues – Celebrating Colour Day
- ❖ A handmade Souvenir - Mother's Day activity.
- ❖ Tiny hands, colourful pattern – Pre-writing activity

INTELLECTUAL DEVELOPMENT (COGNITIVE)

- ❖ Skill- Odd one out
- ❖ Skill - Observation
- ❖ Skill- Sequencing
- ❖ Skill-Zipping
- ❖ Activity Book Page: 7, 8, 9

ACTIVITY GALORE

- Video related to the topic
- Brain wave – Memory game
- Zipping with pouch
- Story cards
- Puzzle your brain (odd one out)
- Story map – Sequencing with story card
- Zipping with pouch and bag
- Look closer, discover more (Observation activity)



SOCIO-EMOTIONAL DEVELOPMENT

SELF AWARENESS

- ❖ Breathing exercise (Deep breathing)
- ❖ Star pose
- ❖ Interaction with kids about how they feel
- ❖ Sensorial activities- walking, exercising, dancing.

VALUE EDUCATION

- ❖ Let's learn to express
- ❖ Personal hygiene

LIFE SKILLS

- ❖ Shiny hands (special assembly)
- ❖ I keep you clean (hanky folding)



GROSS MOTOR SKILLS (PHYSICAL DEVELOPMENT)

- ❖ Power up with Aerobics Fun!
- ❖ Step by step: Walking forward and backward fun!
- ❖ Fast and Flexible: Straight and zig-zag Sprints!
- ❖ Deep breathing.
- ❖ "I am rooted and stable-Tree Pose. "

MANTRA OF THE MONTH

- सरस्वती पुराणोक्ता मंत्र
ॐ श्री श्री महा सरस्वती देवी भगवती नमः



MUDRA OF THE MONTH

- ❖ Gyan/ Dhyana mudra (To increase mental strength, sharpen concentration and improve focus).

CRITICAL THINKING

To initiate and enable children to think in a definite direction, it is critical thinking skill that allows children to identify, analyse and solve problems systematically.

- ACTIVITY GALORE
 - Brain teaser (related to parts of body with real objects).

AESTHETIC DEVELOPMENT (MUSIC)

- ❖ Recognition of musical instruments
 - Harmonium
 - Congo
 - Synthesizer

Sargam level 1

सा रे ग म प ध नी सां
सां नी ध प म ग रे सा ।

Sargam level 2

सासा रेरे गग मम पप धध नीनी सांसां
सांसां नीनी धध पप मम गग रेरे सासा ।

- ❖ Step beats on congo
- ❖ Family Song – “ This is my father, he likes to read”
- ❖ Aspiring Song – “हम वक्रत बदल देंगे”



TECHNOLOGICAL SKILLS

- ❖ Revision of different parts of a computer
- ❖ MS Paint (Drawing different shapes and colouring them).
- ❖ Enhancing logical, analytical ability and control over mouse through games on computer.

DRAMATICS

Dramatics gives children the opportunity to share ideas, solve problems together and build conflict resolution skills. By recreating some of the life experiences they actually face, they learn how to cope with any fears and worries that may accompany these experiences. Children also develop the skills they need to co-operate with their peers and learn to control their impulses.

ACTIVITY GALORE

- Story - अच्छी आदतें

INTERNATIONAL GREETING (JAPANESE LANGUAGE)

Ohayō (Good Morning)

Genkidesu ka (How are you)

FRIDAY FUN ASSEMBLY

The Friday Fun Assembly will be conducted as an engaging session wherein children will participate in Zumba and simple exercise routines. The activities will aim to promote physical fitness, enhance coordination and foster enthusiasm among students. The session will also encourage the development of healthy and active lifestyle habits in a joyful environment.

RHYMES

English	Hindi
<p><u>Just Move</u></p> <p>Move right, move left, Move fast, move slow, And say "How are you?" Run front, run back, Run right, run left, And say "I'm fine" Bend your knee to the right, Bend your knee to the left, And say "What do you like?" Jump high, jump low, Jump fast, jump slow, And say "This is what we like".</p>	<p><u>गर्मी के फल</u></p> <p>गर्मी के फल न्यारे-न्यारे, मीठे-मीठे प्यारे-प्यारे, सभी फलों का राजा आम, बच्चे बूढ़े करें सलाम खरबूजा तरबूज है आते सारी गर्मी दूर भगाते आइ चीकू गोल - गोल खाओ इन्हें मत पूछो मोल</p>

Everybody has a name

Everybody has a name
Some are different
Some are same

Some are short
Some are long
All are right
None are wrong.

I like my name
It's special to me
It's exactly who
I wanna be
And my name is

घर

पापा, क्यों अच्छा लगता है
अपना प्यारा-प्यारा घर?
घूम-घाम लें, खेल-खाल लें
नहीं भूलता लेकिन घर।

नहीं आपको लगता पापा
है माँ की गोद-सा घर।
प्यारी-प्यारी ममतावाला
सुंदर-सुंदर न्यारा घर।

थककर जब वापस आते हैं
कैसे बिछ-बिछ जाता घर।
खिला-पिला आराम दिलाकर
नई ताज़गी देता घर।

Ten Little Fingers

Ten little fingers,
Ten little toes,
Two little ears,
And
one little nose,
Two little eyes,
That shine so bright,
And
two little lips to
kiss Mamma
"Good Night".



DIET CHART

“A healthy diet plan nourishes mind, body & soul”.

To be followed every week.

Monday

Aloo/ Paneer stuffed parantha with any sweetmeat

Tuesday	Besan/Suji vegetable chilla with ketchup and cupcake
Wednesday	Brown bread vegetable sandwich with favourite biscuits.
Thursday	1 chapati, lady finger/seasonal vegetable and cream wafers
Friday	Bread Poha/Vegetable Upma with a chocolate candy.

- Children who adhere to the diet chart shall be awarded at the end of the session.
- It is mandatory to bring a seasonal fruit every day in a separate lunch box.
- No noodles, curd, pickles & rice are to be sent in the lunch box.
- Please send spoon/ fork as and when required.
- Use brown bread or whole wheat bread.
- Do not send dal /vegetable with gravy.

SPECIAL EVENTS, ASSEMBLIES AND CO-CURRICULAR ACTIVITIES

NEW SESSION BEGINS FOR PP	01.04.2026
NEW SESSION BEGINS FOR BV-I	06.04.2026
WORLD HEALTH DAY CELEBRATION - PRE-PRIMARY DEPT.	08.04.2026
EARTH DAY CELEBRATION - PRE-PRIMARY DEPT.	22.04.2026
BEYOND BOUNDARIES – PP – F & G	30.04.2026
PTM – PRE-PRIMARY DEPT.	02.05.2026
WORLD LAUGHTER DAY - PRE-PRIMARY DEPT.	04.05.2026
MOTHER'S DAY CELEBRATION	08.05.2026
GEETANJALI (INTRA) – PP- A, B, C, D	11.05.2026
GEETANJALI (INTRA) – PP- E, F, G	12.05.2026
GEETANJALI (INTRA) – BV-I (A, B, C, D)	13.05.2026
GEETANJALI (INTRA) – BV-I (E, F, G)	14.05.2026
BEYOND BOUNDARIES – PP – D & E	15.05.2026

HOLIDAYS

GOOD FRIDAY	03.04.2026
HOLIDAY	13.04.2026
AMBEDKAR JAYANTI	14.04.2026
BUDDHA PURNIMA	01.05.2026
LAST WORKING DAY FOR STUDENTS (SUMMER BREAK)	15.05.2026
SCHOOL REOPENS FOR STUDENTS	02.07.2026

